

Christ Episcopal Church

Service · Faith · Community · Inclusion

1216 Seventh Street, Anacortes, WA 98221

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www.christchurchanacortes.org

The Fourth Sunday after the Epiphany

Year B

28 January 2024

10:30 am



Welcome

If you are new or visiting and would like more information,
please fill in a guest card and sign our guest book.

If the liturgy is new to you, please participate as you feel comfortable.

Restrooms are located in the Parish Hall.

Servers

Presider

Reverend Courtney Jones

Deacon

Reverend Deacon Eric Johnson

Homilist

Shirley Barrett

Eucharistic Minister

Ed Barton

Readers

Diane Guinn, John Guinn

Ushers

Diane Guinn, John Guinn

Altar Guild

Martie Arnold,
Zoanne Hyland

Bread Ministry

Tina Smiley

Organist

Lynne Berg

Eucharistic Visitor

June Cook

Coffee Hour Hosts

Emily Sander & Ed Barton
Hospitality Committee

Holy Communion

*In the Anglican/Episcopal tradition, communion is received in two kinds:
in the bread and in the wine.*

*The bread is offered first and is placed in one's opened palm with the words,
"The Body of Christ, the bread of heaven." The bread may then be consumed.*

The full grace of the sacrament is received with the bread alone.

*A chalice bearer will then offer the wine with the words,
"The Blood of Christ, the cup of salvation."*

*As the cup is presented, please either take the cup from the chalice bearer
or gently take hold of the base of the chalice, helping the chalice bearer
to guide it toward your lips.*

*Please sanitize your hands before receiving Communion.
Gluten-free hosts are available. Please ask if you need one.*

Coffee Hour & Annual Meeting

Coffee Hour & the Annual Meeting follow the service.

Please join in. All are welcome.

The Holy Eucharist: Rite II

The Word of God

Welcome & Announcements

Acknowledgement

We acknowledge that we are on the ancestral lands of the Coast Salish peoples, past and present, and we honor the land itself and the Coast Salish people today.

Prayer

The Presider begins our worship with the following prayer:

Presider O Almighty God, who pours out on all who desire it the spirit of grace and of supplication: Deliver us, when we draw near to you, from coldness of heart and wanderings of mind, that with steadfast thoughts and kindled affections we may worship you in spirit and in truth; through Jesus Christ our Lord.

People Amen.

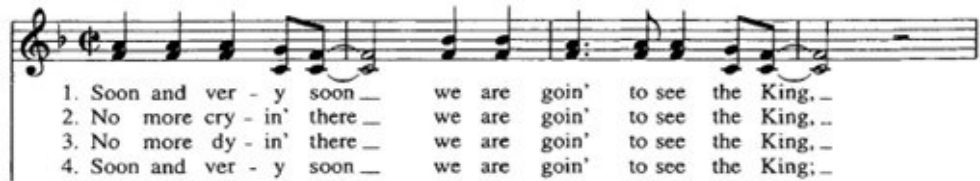
Please allow a period of silent reflection during the playing of the Prelude.

Prelude



Processional Hymn

Soon and Very Soon



1. Soon and ver - y soon — we are goin' to see the King, —
2. No more cry - in' there — we are goin' to see the King, —
3. No more dy - in' there — we are goin' to see the King, —
4. Soon and ver - y soon — we are goin' to see the King; —



1. Soon and ver - y soon — we are goin' to see the King, —
2. No more cry - in' there — we are goin' to see the King, —
3. No more dy - in' there — we are goin' to see the King, —
4. Soon and ver - y soon — we are goin' to see the King, —



1. Soon and ver - y soon — we are goin' to see the King,
2. No more cry - in' there — we are goin' to see the King,
3. No more dy - in' there — we are goin' to see the King,
4. Soon and ver - y soon — we are goin' to see the King,



Hal - le - lu - jah, Hal - le - lu - jah, — we're goin' to see the King!



1. 2. Hal - le - lu - jah, Hal - le - lu - jah, Hal - le - lu -



jah, Hal - le - lu - jah, Hal - le - lu - jah.

Words & Music: Andrae Crouch, b.1942; Copyright 1976 Bad John Songs Inc./Crouch Music/ASCAP

Opening Acclamation

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **Amen.**

Gloria

Refrain

1
Glo - ri - a, glo - ri - a, 2
in ex - cel - sis De - o!

3
Glo - ri - a, glo - ri - a, 4
al - le - lu - ia, al - le - lu - ia!

Music: Jacques Berthier (1923-1994); Copyright GIA Publications, Inc.

Salutation & Collect of the Day

Presider God be with you.

People **And also with you.**

Presider Let us pray.

All **Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

Please be seated.

First Reading

A reading from Deuteronomy 18:15-20

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

Psalm

Psalm 111



Hallelujah!
I will give thanks to the Lord with my whole heart, *
in the assembly of the upright, in the congregation.

Great are the deeds of the Lord! *
they are studied by all who delight in them.

His work is full of majesty and splendor, *
and his righteousness endures for ever.

He makes his marvelous works to be remembered; *
the Lord is gracious and full of compassion.

He gives food to those who fear him; *
he is ever mindful of his covenant.

He has shown his people the power of his works *
in giving them the lands of the nations.

The works of his hands are faithfulness and justice; *
all his commandments are sure.

They stand fast for ever and ever, *
because they are done in truth and equity.

He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.

The fear of the Lord is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

Second Reading

A reading from 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

Gospel Acclamation

Spread, O Spread, Thou Mighty Word

Hymnal 530
v. 1-3

Please stand.

Gospel

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Mark 1:21-28

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Please be seated.

Homily

Ms. Shirley Barrett

Please observe a period of silence.

Please stand.

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**



Prayers of the People

The Deacon invites the Prayers of the People:

Deacon In peace, let us offer our prayers through the Son of God who comes with power and great glory.”

Prayers are offered responsively; you are invited to offer the following intercessions as the Spirit moves you.

Leader For the church in the world and the faithful in every place;
People **May we be a people who prepare the way for you.**

Leader For all who serve Christ in the midst of conflict, and especially for the people of Emmanuel Church, Ramleh, of the Episcopal Diocese of Jerusalem;
People **May the peace that passes all understand fill the hearts of all your people.**

Leader For Michael, our Presiding Bishop, Melissa, our Bishop, for all bishops and other ministers;
People **For all who serve God in his church.**

Leader Bless Mayor Miller and all those appointed to govern in every land;
People **May your Spirit be with them so that they may serve the common good.**

Leader We thank you for the diversity of this earth and all the living things of the Salish Sea;
People **Grant us wisdom in our stewardship of all creatures great and small.**

Leader For those who have no homes; for the broken and the forgotten, the overlooked and the downtrodden;
People **Bless our efforts to create a more just and caring society.**

Leader For those on our Prayer List;
People **For our families, friends and neighbors, and for those who are alone.**

Leader For all who have died in the communion of your Church, and those whose faith is known to you alone. Lord, let your loving kindness be upon them.
People **Who put their trust in you.**

Leader For our deliverance from all affliction, strife, and need;
People **And in thanksgiving for the gifts you have given us.**

Please add your own intercessions, supplications, and thanksgivings.

Deacon Joining our voices with all the saints, let us commend ourselves and one another and all our life to Christ our God.

People **To you, O Lord our God.**

Silence

Presider God of faithful surprises: mercifully accept the prayers of your people and strengthen us to do your will, through Jesus Christ our Savior.

People **Amen.**

Presider A prayer for the election of a Bishop:
Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a bishop for this Diocese that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord.

People **Amen.**

Confession & Absolution

Deacon Let us confess our sins to God.

Silence

People **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People **Amen.**

The Peace

Presider The peace of the Lord be always with you.

People **And also with you.**

Birthdays, Anniversaries, & Other Celebrations

The Holy Communion

Presider Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. (*Ephesians 5:2*)

Please rise as the bread and wine we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.

Offertory Hymn

O For a Thousand Tongues to Sing

Hymnal 493
v. 1-3

Great Thanksgiving

Inclusive Liturgies Eucharistic Prayer B

Presider May God be with you.
People **And also with you.**

Presider Lift up your hearts.
People **We lift our hearts to God.**

Presider Let us give thanks to the One who created us.
People **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Maker of heaven and earth.
Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.
Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Sanctus

Hymnal S-130

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. Through Mary's Holy Child, you have delivered us from evil and made us worthy to stand before you. You have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,
"Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said,
"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."

Presider Therefore, according to his command, O God,

All **We remember his death,**
We proclaim his resurrection,
We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, Dear One; presenting to you, from your creation, this bread and this wine.
We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant.

Presider Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, gather all things into the circle of Christ's love, and bring us to that heavenly country where with all your saints, we may enter the everlasting heritage of all your children; through Jesus Christ, the firstborn of all creation, the head of the Church, and the author of our salvation.

By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory is yours, Most Blessed One, now and forever.

All **AMEN.**

Presider As our Savior Christ has taught us, we now pray,

All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Breaking of the Bread

A period of silence is kept as the bread is broken.

Presider Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

Presider The Gifts of God for the People of God.
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.
All are welcome at this Table.



Please be seated.

Communion Hymn

My God, Thy Table Now is Spread

Hymnal 321

If Eucharistic Visitors are sent out to share Communion with homebound members of our congregation, the following prayer is used.

Sending of Eucharistic Visitors

Presider In the name of this congregation we send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood. We, who are many, are one body, because we all share one bread, one cup.

People **Amen.**

Please stand.

Post Communion Prayer

Presider Let us pray.
All **Eternal God, heavenly Father,**
you have graciously accepted us
as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.



Blessing

Recessional Hymn

From All that Dwell Below the Skies

Hymnal 380

Dismissal

Deacon Let us go forth in the name of Christ.
People **Thanks be to God.**

Postlude



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